Dear NSSA & ADSA Exec and Society Members

Re: ISSFAL 2016 (September 6-10, 2016) Stellenbosch, South Africa

ISSFAL 2016, the 12th biennial congress of the International Society for the Study of Fatty Acids and Lipids, promises to be a leading showcase of what is new, exciting, and interesting in science and research in this field. Details of the meeting program and plenary speakers are on the website at http://www.issfal.org/2016 and I also attached the Programme at-a-Glance for your perusal.

Furthermore we are delighted that it will be the first ISSFAL congress to be held on the African continent, greatly enhancing the experience for all speakers and delegates and hopefully providing a timely boost not only to the lipid research activity taking place there but also its translation and application in the local community.

On behalf of the Organizing Committee and the Executive of ISSFAL we invite the members of the Nutrition Society (NSSA) and Association for Dietetics of South Africa (ADSA) to register and attend this specialized but highly relevant congress at a time when we need to know the hard facts surrounding lipid research in the world and locally. The organizers of this event have tried their best to make the scientific programme as attractive as possible as well as affordable as possible to attend the 2016 ISSFAL Congress in Stellenbosch preceded by the Nutrition Congress.

The following for your consideration regarding opportunities to attend and affordability:

1. Four distinguished ISSFAL members will be in action as speakers on Monday 5 Sept’16 at the Nutrition Congress 10:30 – 12:00 covering a wide spectrum of topics regarding fatty acid research.
2. On Monday afternoon at 14:00 ISSFAL is hosting two sponsored Satellite Symposia in Stellenbosch on “Lipids and Brain” and “Are EPA & DHA Essential?”. Both can be attended by NSSA and ADSA members free of charge as I am not arranging an Update on Lipids & Fatty Acids this year at the Nutrition Congress and this is an opportunity to attend either of these two symposia instead.
3. Tuesday 6 Sept’16 is the first day of the main ISSFAL congress programme and the topics for this day were chosen to be very relevant to our local audience/needs, please see attached programme.
4. The Wednesday evening dinner debate will again be open to NSSA & ADSA members to attend the very topical debate entitled “For science-based dietary guidelines on fats, meta-analysis and systematic reviews are decisive - Strengths and limitations, use and misuse of meta-analyses in the fats & health arenas”. The debate will be held at the Spier Wine Estate and please visit our programme online for more information. Obviously ISSFAL delegates will have first priority to register and attend this debate, but we will allow non-registrants and specifically NSSA & ADSA members to attend as we can accommodate a maximum of 350 delegates.
5. This is one of the most affordable international conferences to attend in South Africa, see below and that should be your last motivation to attend the entire 2016 ISSFAL Congress:
The Society has made available special registration rates for delegates locally from Africa, those signed up from the South African Nutrition Society and Association for Dietetics, and those interested in daily registration.

<table>
<thead>
<tr>
<th>Category</th>
<th>Early Registration until June 10</th>
<th>Standard Registration from June 10</th>
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</thead>
<tbody>
<tr>
<td><strong>Local Africa</strong></td>
<td>$175.00</td>
<td>$225.00</td>
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<tr>
<td><strong>Nutrition Society &amp; Association for Dietetics</strong></td>
<td>$100.00</td>
<td>$120.00</td>
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<tr>
<td>Single Day Registration</td>
<td>$50.00</td>
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Furthermore, if you can motivate why you should not be seen as a late registrant due to incomplete information on the website we will consider your appeal.

Finally, as chair of the 2016 ISSFAL Congress and on behalf of the ISSFAL President I hope you are convince to attend this meeting. Be assured that we will be honoured by your presence but please remember the Univ. of Stellenbosch Konservatorium can only host 550 delegates, so hurry up with your registration.

We are looking forward towards your presence and participation.

Yours Sincerely,

Professor Marius Smuts  
Chair of the Organizing Committee

Professor Tom Brenna  
President, ISSFAL